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To sum up...



UNIVERSIDADE DA CORUÑA



CAMPUSINDUSTRIAL





Monday 16th

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Monday 16th September

9:30 h Reception by Dean Faculty of Nursing and Podiatry and visit to the Faculty

10:00 h Presentation of BAM members

11:00 h Reception by the Vice-Chancellor of the Ferrol Campus and Social Responsibility

12:00 h Reception by the Mayor of the city of Ferrol

Guided tour to Know Ferrol

13:30 h Lunch at Campus canteen

14:30 h Green Campus Walk

15:00 h Exploring photovoice to transform our reality: Experiencing and learning together

Dr Sara Fernández, Dr Natalia Rivas and Dr María Jesús Movilla

18:00 h Presenting the first animation video

18:30 h Free Time



Welcome by the Dean of the Faculty of Nursing and Podiatry, by the Vice-Chancellor of the Ferrol Campus and by the Mayor of Ferrol.

Guided tour of the city





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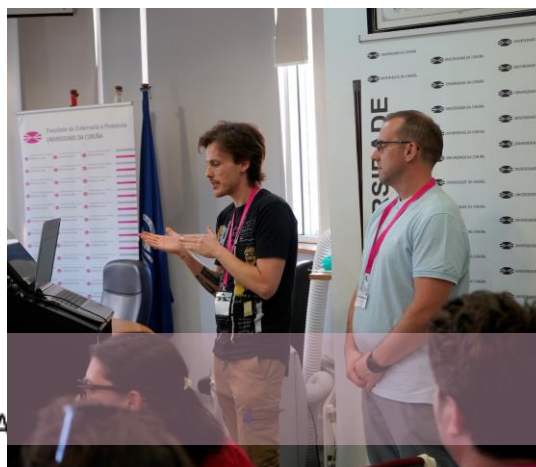
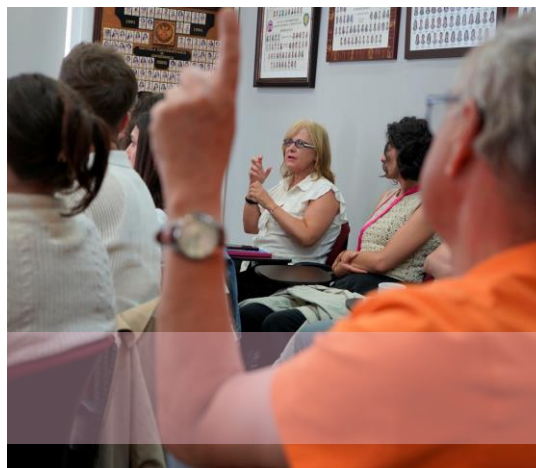
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Theoretical aspects of a participatory, community-based research methodology was presented. A discussion group was held to collect the reflections on the photovoices made by the participants. Presentation of the instructions for a second photovoice, whose aim is to collect your thoughts after having attended the LTT-Spain. Presentation of a practical example carried out in a school

Presentation of the first animated video





Tuesday 17th

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Tuesday 17th September EMOTIONAL INTELLIGENCE AND COMMUNICATION SKILLS

9:00 h Bodymapping storytelling to revisit our experiences: how many layers are hidden?

Dr Natalia Rivas and Dr María Jesus Movilla

11:30 h Break

12:00 h Emotional Intelligence

Dr. Pilar Garcia de la Torre

13:30 h Lunch at Campus canteen

14:30 h Green Campus Walk

15:00 h Erasmus + Blended Programme: Trauma-sensitive teaching

How can teachers identify and deal with situations of students trauma?

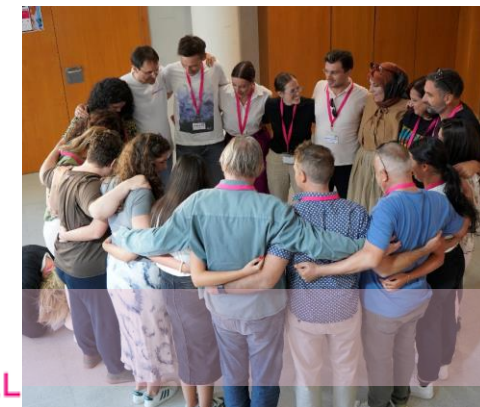
Dr Montse Castro, Dr Patricia Digón and Dr Andrea Fernández

16:30 h Experiences in dealing with bullying situations

Tírso de Molina Primary and High School

Bodymapping storytelling methodology was presented. Resources to delve deeper into it and a simulation of it was carried out.

Dr. García de la Torre introduced the concept of emotional intelligence. Examples and dynamics were carried out.





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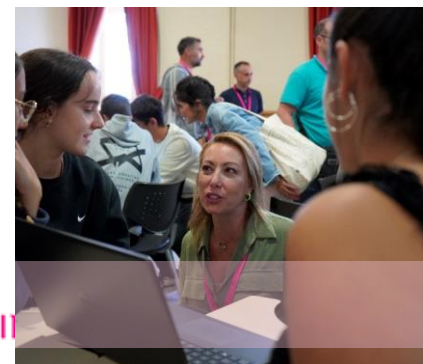
The experience and outputs of an ERASMUS+ Blended Programme, called Trauma-sensitive teaching, were presented

Visit to the Tirso de Molina Primary and Secondary School.

First impressions were obtained from 15-year-old students who previously watched the animated video.

Presentation of 3 real cases of bullying and how they applied the intervention protocol.

Guided tour of the school.





Wednesday 18th

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Wednesday 18th of September

VISIT to CORUÑA



8:30 h Bus to Coruña

9:30 h Meeting UPDATE BAM

11:30 h Break

12:00 h Visit "Espacio Compartido" Programme

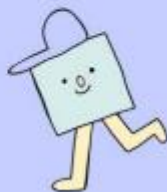
12:45 h Visit CITIC

13:30 h Lunch at Canteen

16:00 h Discover Coruña

Free time

20:00 h Bus to Ferrol



A visit to the *Espazo compartido* program was made. Two students and their teachers explained to the participants what the program consists of and how they experienced it.



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Thursday 19th

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Thursday 19th September

MENTAL HEALTH IN BULLYING SITUATIONS

9:00 h First Aid

Dr Valentin Escudero



10:00 h "Afrontemos" Psychological Programme

Dr Valentin Escudero and Prof Emma Rodríguez

11:30 h Break

12:00 h Bulliyng, self-harm... How can we help our teenagers?

Dr Melania Beceiro Rico

13:30 h Lunch at Campus canteen

14:30 h Green Campus Walk

15:00 h Identity and Peer Relationships: A group teen experience

Dr Carlos de Francisco Moure

16:30 h Suicide prevention strategies in child and youth contexts

Dr José Eduardo Rodríguez Otero

18:00 h Free Time

20:00 h Dinner event BAM



Presentation of the psychological program *Afrontemos* by the director Dr. Escudero. The talk addressed what the program consisted of, who it was designed for, what situations it addressed, and what it consists of. The 3 workshops aimed at the university community were presented. Finally, the first aid procedure for a crisis or emergency situation was shown.

Dr. Melania presented general features of the profile of children with mental problems. Emphasis was placed on the primary prevention tool YAM.



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Dr. Carlos de Francisco presented an experience carried out in several institutes with students between 14 and 16 years old, in which identity and relationships between peers were worked on

Dr. José Eduardo answered two big questions: why do people commit suicide? and what can we do to prevent it?





Friday 20th

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Friday 20th September



9:30 h WORKSHOP: How can we manage a film shooting? Tips and advices to understand and organize it.

Pablo Fernández and Prof. Manuel Garcia

11:30 h Conclusions of LTT Spain_BAM

12:30 h Certificate Ceremony by the Vice-Chancellor of the Ferrol Campus and Social Responsibility

13:30 h Lunch

16:00 h Visit ExpoNav Museum

18:00 h Spare time



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